

## **Wearing masks or homemade masks covering during your medical appointments**

**Gaspé, Tuesday May 26th, 2020** – In order to ensure safety and security within the facilities of the Centre intégré de santé et de services sociaux (CISSS) de la Gaspésie, the population is now asked to wear masks, or homemade masks, during their visits to the CLSCs, hospitals or clinics.

Masks are a measure to reduce the risk of transmission of the virus by people who do not have symptoms. It is therefore strongly recommended that the people wear them when presenting for care and services.

It is important to note some basic recommendations about homemade masks:

- Wash it daily;
- Remove it by the elastic bands;
- Put it in a closed bag when it is removed, before returning home.

Remember that hand washing is the first measure to protect against infections, therefore it is important to wash your hands regularly, in addition to respecting social distancing (2 metres), when possible.

If a person has symptoms (cough, fever, difficulty breathing, sore throat or loss of taste and smell), or is positive for COVID-19, or is awaiting screening results, they should not go to their medical appointment and must call 1 877 644-4545.

- 30 -

**Source :**

Clémence Beaulieu-Gendron

Adjointe par intérim à la présidente-directrice générale et aux relations avec les médias

CISSS de la Gaspésie

Tél. : 581 994-0364

[clemence.beaulieu-gendron.cisssgaspesie@ssss.gouv.qc.ca](mailto:clemence.beaulieu-gendron.cisssgaspesie@ssss.gouv.qc.ca)